Meeting Agenda
KUS Executive Team 2018-2019
May 14th, 2019

Present: Nikol (President), Keira (VP Finance), Sonia (VP Academic), Maddi (VP Student Life), Karmen (VP Communications), Allison (VP Student Life)

Absent: N/A

Guests: N/A

Call Meeting to order at: 6:05pm

Motion to adopt the agenda: Allison, Karmen

Approve April 3rd, 2019 minutes: Sonia, Maddi

A) President’s Remarks

- School of KIN Faculty Meeting Updates
  - In the process of approving grad students
  - Interviews for new kin prof
    - 3 candidates as of right now

- Kin Camp Updates
  - 26 leaders have been selected
  - Retreat will be August 24th-25th
  - Kin camp will be September 6-8
  - Earlier promotion this year
    - 2023 group, we’ll start soon
    - 120 students
    - $110
      - We’re purchasing (5) more tents (?) and want more food
      - We’ve already purchased 2 new canopies

  - Camp ground is booked

  - Leader training to include SASC
    - active bystander
    - what your role is as a leader
    - let’s make sure we have no issues!

- General updates about upcoming year
  - Alumni affairs networking committee (new)
    - Nikol has been working with Kate (alumni affairs officer)
    - Bridge the gap between alumni and undergrads
They need help getting their word out there, so we can promote + help with events
  o Peer-to-peer mentoring committee (potentially new)
    ▪ Potential name, not the exact name
    ▪ there’s an existing mentorship program under school of kin not under KUS
    ▪ propose senior student with a younger student within the undergrad experience
      ● ISSUE: having us distinguish between this one and the school of kin mentorship program
    ▪ Grant will be steering this potential program
    ▪ More updates to follow
- Evangelo’s Contract (people who do our photos)
  o contract signed for 5 years (until 2025)
  o gave us $1000 for signing
  o execs get money for our grad photos (probably about $300ish)
- we should have access to our FAS emails – Nikol will show us how
B) Current Business & Committee Reports
- Each executive will brief the team on anything KUS related that they feel needs to be discussed
  - Keira – has transitioned with Nikol
    o Waiting for AMS transition
    o Has talked with Veronica about AVP position
  - Sonia - has transitioned with Delon
    o Thinking about summer hire
    o KPAC hiring and changes
    o Meeting with Elise about KPAC and mentorship program
    o Mental health advocacy changes and things they want to keep the same (wants to discuss further with us)
    o Student engagement person, Cass, will be meeting with Nikol and Sonia
      ▪ Let them know if you ever have anything you want her to know throughout the year
  - Karmen – has transitioned with Sara
    o Thinking of selling merch on Imagine Day (stuff from the previous order)
      ▪ We can buy lower quality stuff because people will buy anything
      ▪ T-shirts, hoodies, stickers!!, lanyards
Promote this on the 2023 Facebook page to bring cash
Would we be allowed to include this in the Imagine Day leaders email to the first years?? Find out with school of kinesiology agenda
- Wouldn’t be super pricey and they take about 6 weeks
- Nikol: we can look into the school subsidising
- Will be working on the website in the next few weeks
  - Not a big fan of the design with the big photos
  - Needs bios to update the execs page
- Taking pictures of the coordinators and committee members and posting on the website or Facebook page to give them some more credit!
- Street team
  - Sara thought it wasn’t successful last year because there was a lack of pride and belonging because of the mix between years
  - To make it more purposeful and more rewarding we could make it a first year only committee
  - Make them do more than promotion. Possibly have their own events
  - Nikol: could possibly have a first-year committee and an upper year committee
  - First years probably feel more confident on street team
  - An actual KUS first year committee
- KUS banner for our presence at events (Keira will make sure it’s in the budget but it should be good)
  - Maddi and Allison – have not transitioned yet but will this weekend
  - Collaboration with clubs and brands on and off campus
    - Get our names out there and make long lasting connections
    - Monthly fitness class that’s free
      - Open to everyone
      - Could be paired with KiWe or someone else depending on the event itself
      - Change it up every month
  - Koji would (possibly) collaborate for a 19+ event with us
  - Want to find a way for all years to want to come to all events
  - Celebrate our female power!
    - Women’s panel event of some sort
      - Women speaking, asking questions
• Just a thought at this point – need to work out the details
• Nikol: almost all of the presidents of the other constituencies are female so we can reach out to them
  o Want to solidify the hiring process but can’t yet because they haven’t transitioned
  o To make office hours productive, somehow get people to come in to possibly give feedback – figure out how to make the connection better
    ▪ Nikol: make our office hours more approachable ex. Promote mental health (have granola bars, pamphlets)
    ▪ Sonia: make it clear that we’re available anywhere, all the time! (DM, in person, anything)
• Nikol: post more chill intros of the KUS execs on Facebook so we’re more approachable and so they can get to know us
• Allison: bond near the beginning (Imagine Day, Kin camp)
• Nikol: don’t forget that we have to uphold standards as we’re representing the entire school
  o Allison went to the AMS council meeting, nothing worth noting happened

C) Hiring
- summer hiring (who will need this?)
- KPAC coordinator applications were out by June 4th and due by June 17th coaches closed July 22nd last year
  o Sonia will follow a similar schedule
- PD Coordinator hiring
- Alumni affairs coordinator
  o Aaron Rodriguez, possibly Grant, 2 more females if possible
  o Goes out in the summer usually

D) Communications
- Slack
  o Professional stuff, more confidential/business stuff ex. Meeting minutes
  o Should have access through your predecessor
    ▪ Get the information from them
- Facebook
  o Used more often
  o More fun
  o Can be used for emergencies
- iMessage chat
o we all have iPhones so we should create one
- Be responsive!!
- Email
  o If you’re busy you can put an automatic reply on your email to expect a delayed reply

E) Reorganizing the KUS
- when and what do we want to do?
  o Plan a few days that we’re all free
  o Get rid of the stuff in front of the door to open it up
  o No clutter
- Throughout the year keep it tidy, remind others to be respectful of the space as well
- We want to paint – see if it’s the budget
- Keira will look into applying for the Constituency Aid Fund
- Look into getting a new printer
- Get new chairs – Keira is looking

F) Ideas for the upcoming year
- Reach a bigger audience
  o Has been an issue with our events being on the same night as ex. Calendar, FIJI, AMS events
    ▪ Had problems with Kin formal (had to lower ticket prices) and boat cruise → this costs us
  o SOLUTION: connect with Calendar and FIJI etc. and know what they’re schedules/plans are
- Do outreach events with local communities
  o Ex. Food bank, woman’s shelter
  o Soup, socks and sex talks
  o Fitness classes
    ▪ Ride Cycle
    ▪ Could bring donations to the fitness events
      ● Can make a competition out of it (which year brings the most)
  o AMS foodbank
    ▪ Nikol is connected to the coordinator Cali Shnarr
- More collaboration
  o Constituencies
    ▪ Student life or academic events (AUS, SUS, LFUS are probably the best)
AMS
- Speakeasy
- SASC
- Foodbank
- eHub (entrepreneurship)
- Advocacy
  - Those on academic probation, plagiarism etc.
  - Advocate for the student

TAC - Thunderbird athletic council
- A lot of varsity athletes are in kin but a lot of them aren’t at events
- If we collaboration with them then we can more of them out to events and introduce them to KUS community
- Michael Smith
- Exercise classes with them, mental health promotion etc.
- We won’t ask for money for them, they can gain promotion and community etc.
- Varsity athletes are super busy in their schedule (lots can’t event attend Kin camp)
  - Have a separate event for first year varsity athletes possibly
- How do we include transfer students more?
  - There’s a limited number of spots for them at Kin camp and it’s hard for them to make new friends with established friend groups
  - Possibly make “welcome back kinner” into an event for varsity athletes, transfers and first years

Better relationship with faculty and staff
- For scheduling events we can reach out, so we can try and plan around exams
- Dr. Bouschel faculty meetings, ask if we (KUS execs) can all attend so that we can connect better and have a louder voice
- This will take lots of time to establish good connections
- Faculty and staff change all the time

Increase mental health + advocacy efforts + events: even small things every month
- this does not/will not be put all on Sonia’s plate
- Introducing it to student life in collaborations
- All of the execs will help
Sonia’s platform to split the wellness/nutrition stuff from the mental health stuff
  ▪ Nikol: don’t split it but have subdivisions
    ● Since we don’t have that many students the outreach may be more effective if it’s one committee
  ▪ There are other faculties that have it split and have a mental health advocacy committee (SUS for ex.)
    ● Some of their programs – wellness peers (might not work for us at this moment but we can still look into it), help with sexual health, mental health
    ● Have professionals that provide advise
  ▪ Smaller on each side with more focus on each of the sides
    ● 5 on each maybe
    ● Nutrition and Wellness
      o There’s a PA committee with Santa Ono and they’re looking into promoting PA literacy (this would be a good group to reach out too if we reach out)
    ● Mental Health Advocacy
      ▪ Karmen: one committee with subdivisions, Maddi agrees
      ▪ Could be issues with separating them because they are so interrelated, and we want people to know that
      ▪ Allison/Keira: Hire a mental health coordinator and a wellness coordinator
        ● Try and find a balance between subcommittees
        ● Can have meetings all together, separate etc.
  ▪ We can have people from the wellness center (wellness peers) come in
  ▪ QPR workshops
  ▪ Learn from last years KiWe
    - Be more involved with our committees
      o Check in, give more input, be more of a presence
      o Go to committee meetings
    - Be responsive this year

Motion to adjourn 7:52pm: Nikol, Karmen